

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 30th Aug - Mon 29th Sept - Mon 11th Oct - Mon 8th Nov - Mon 29th Nov



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Roasted Root Veg Pasta Bake (CE, G, MK)	Chicken & Pesto Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G)	Chicken Mince Chilli Con Carne (CE)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Roasted Root Vegetable Pasta Bake (CE, G, MK)	Veggie Supreme Pizza (G, MK)	Roasted Vegetable Tart (E, G, MK)	Vegetable Bean Chilli (CE, G)	Baked Aubergine with Tomato Sauce (E, G)
Vegetable Choice	New Potatoes Sweetcorn Baked Beans	Seasoned Wedges (G) Green Beans & Sweetcorn	Baby Roast Potatoes Medley of Seasonal Vegetables	Steamed Rice (CE) Carrot & Broccoli	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Fruity Jelly & Ice Cream (MK) Fresh Fruit Salad	Eve's Pudding & Custard (E, G, MK) Fresh Fruit Salad	Cinnamon Swirl with Caramel Sauce (G, MK) Fresh Fruit Salad	Sicilian Lemon Cake & Honey Greek Yoghurt (E, G, MK, SU) Fresh Fruit Salad	Shortbread Biscuit & Yoghurt (G, MK) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

Bedfont
Years 3 - 6

